
Plainsmen Jr. Cheerleading League
www.JPCheerleading.com
20 Cortland Blvd.
Clifton Park, NY 12065
518-727-7266



COACHES EXPECTATIONS / PRACTICES

Cheerleading is a team sport! Each and every coach is important to their team and is a role model. It is expected that coaches attend all practices and games. We all recognize and certainly understand unexpected situations arise, such as illness, and that a coach may have to miss an occasional practice or game, but it is unacceptable for a coach not to attend practice or game without good reason. Excessive absences may place a squad at a disadvantage in learning their routines or stunts and may result in not being able to participate in the Half-Time Routine. Your team relies on you. Please make an effort to attend all practices and games.

CODE OF CONDUCT

- Will be respectful to one another and coaches/cheerleaders of opposing teams.
- Will never E-mail, Text message, Facebook, MySpace, Twitter or any other social media account to post negative comments about a fellow coach, cheerleader or the JP Cheerleading Program.
- Will not friend any cheerleaders in the JP Cheerleading Program on Facebook, MySpace, Twitter or any other social media accounts.
- Will be at all practices/games and if for any reason you are not able to attend you must contact Coach Alex at 727-7266.
- Will be dressed appropriately for practices and games (No jean shorts, no tank tops with bra straps showing, no skirts, must have cheer shoes, no going barefoot.)
- Will show positive attitude at all times.
- Will watch and applaud opposing teams “Hello” cheer and “Half-Time” routine.
- Will stop squad from cheering and kneel quietly if a player on the field is injured and being attended to and will applaud an injured player once taken off the field.
- Will not use a cell phone during practice or during games.
- First violation will be a verbal warning and the second will be a dismissal from the coaching staff and program.

I, _____, hereby
(Print Name)

acknowledge receipt and understanding of the JP Cheerleading League Coaches Code of Conduct. I will follow all the rules listed above and I understand my active participation in the cheerleading program is contingent upon adherence to the aforementioned policies noted above.

Applicant Signature: _____ Date: _____